



# Engaging Families in the Levenmouth Community

**FifeGingerbread**  
Supporting lone parent, vulnerable and disadvantaged families



1<sup>st</sup> April 2017 - 31<sup>st</sup> March 2018



**78**

families have benefitted from 1:1 mentoring

**90**

families have blossomed in 87 Family Learning sessions (of which 24 also received Mentor support)

**42**

volunteers have supported the project. Our volunteer buddies supported 8 families

**152**

families have benefitted



**129**

group sessions delivered in the community & schools

GATEWAY CREATE

WOMEN'S GROUP

DRAMA

PLAY

COOKING

CYCLING

BUDGETING

KITBAG

CRAFT GROUPS

**257**

= NUMBER OF CHILDREN ENGAGED WITH THE GATEWAY



**NEW**

Working to support children and young people with additional support needs

Supporting volunteers to create a youth club

Supporting families to attend the sports group at Levenmouth Academy

Family Mentors + FACST, FSF, CLD & Education

7 HABITS FOR FAMILIES

PEEP LEARNING TOGETHER

FAST PROGRAMMES

HOLIDAY PROGRAMME

SUMMER ROAD SHOWS

ENGAGING & PARTNERSHIPS

## Family Learning



Parents trained to deliver weekly family learning opportunities in Methilhill and Mountfleurie Schools to 33 families

66

sessions delivered

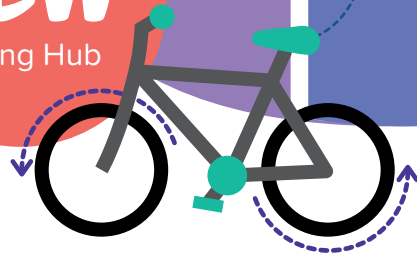
## THE YOUTH LEADERSHIP PROJECT

at St Agatha's Primary School has been a great success, with P5, 6 and 7 pupils delivering family learning within the school

Crafts, healthy eating and free play groups delivered to 10 families over 4 weeks

NEW

Cycling Hub



Levenmouth Community Cycle Hub has weekend, evening and holiday cycle groups, beginning with Easter rides from Leven Prom. Families are now exploring Letham Glen and Silverburn Park



This group is now making the transition to independence at The Centre in Leven. They fundraised to become self-sufficient, with a successful Bingo Night well supported by the community

## OVER THE NEXT 12 MONTHS

families are continuing to be involved with the **Child Poverty Action Group**

Explore rolling out the **Youth Leadership** idea with other Levenmouth schools

Begin **Family Learning** at Levenmouth Academy

Families have had the opportunity to have their voices heard by being part of...

## MENU FOR CHANGE

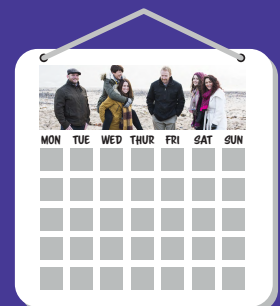
A Project working with Oxfam, Poverty Alliance, Nourish Scotland and Child Poverty Action Group

## PARLIAMENTARY RECEPTION

Held for Fife Gingerbread at the Scottish Parliament, hosted by Jenny Gilruth MSP

## EDUCATION COMMITTEE

Responded to the consultation inquiry into poverty and education



COMMUNITY ASSETS

## IMPROVING HOUSEHOLDS

Volunteers (from Fife Gingerbread and local businesses) support households by:

- taming their gardens
- donating paint
- painting their homes

**238**

meals provided  
in 9 sessions

## FAMILY HOLIDAY PROVISION

In partnership with FACST, Home Start & Woodland Nurture Centre, supported by 5 corporate sponsors, 38 families were provided with 238 meals

## GATEWAY

- Drama Clubs
- Family Cycles
- Beach Picnic & BBQ
- Picnic in the Glen
- Circus

## IN PARTNERSHIP

- Wacky Wednesday
- Friday Frenzy
- Playbus
- Holiday Roadshow
- Craigtoun Country Park

**FRIDAY FRENZY**

## FESTIVE PACKAGE 2017

**58**

Festive Packages

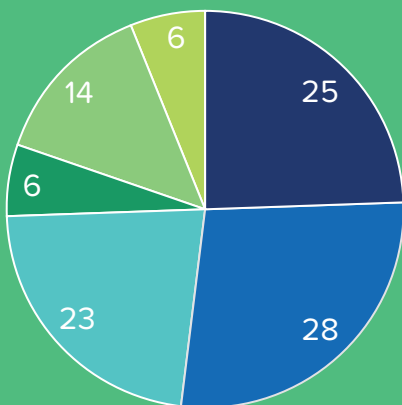
delivered to our most vulnerable and disadvantaged parents, of which **47 are lone parents. 37 had no support from the absent parents**

## INCOME MAXIMISATION

65 families who engaged with the project were better off by a total of **£24,565**. This income has been generated through benefit checks, access to trust funds and support to access the welfare fund, as well as much needed support around housing and council tax reductions

**65**

families better off by £24K+



BETWEEN 1<sup>ST</sup> APRIL 2017 - 31<sup>ST</sup> MARCH 2018, GATEWAY PARENTS HAVE REPORTED:

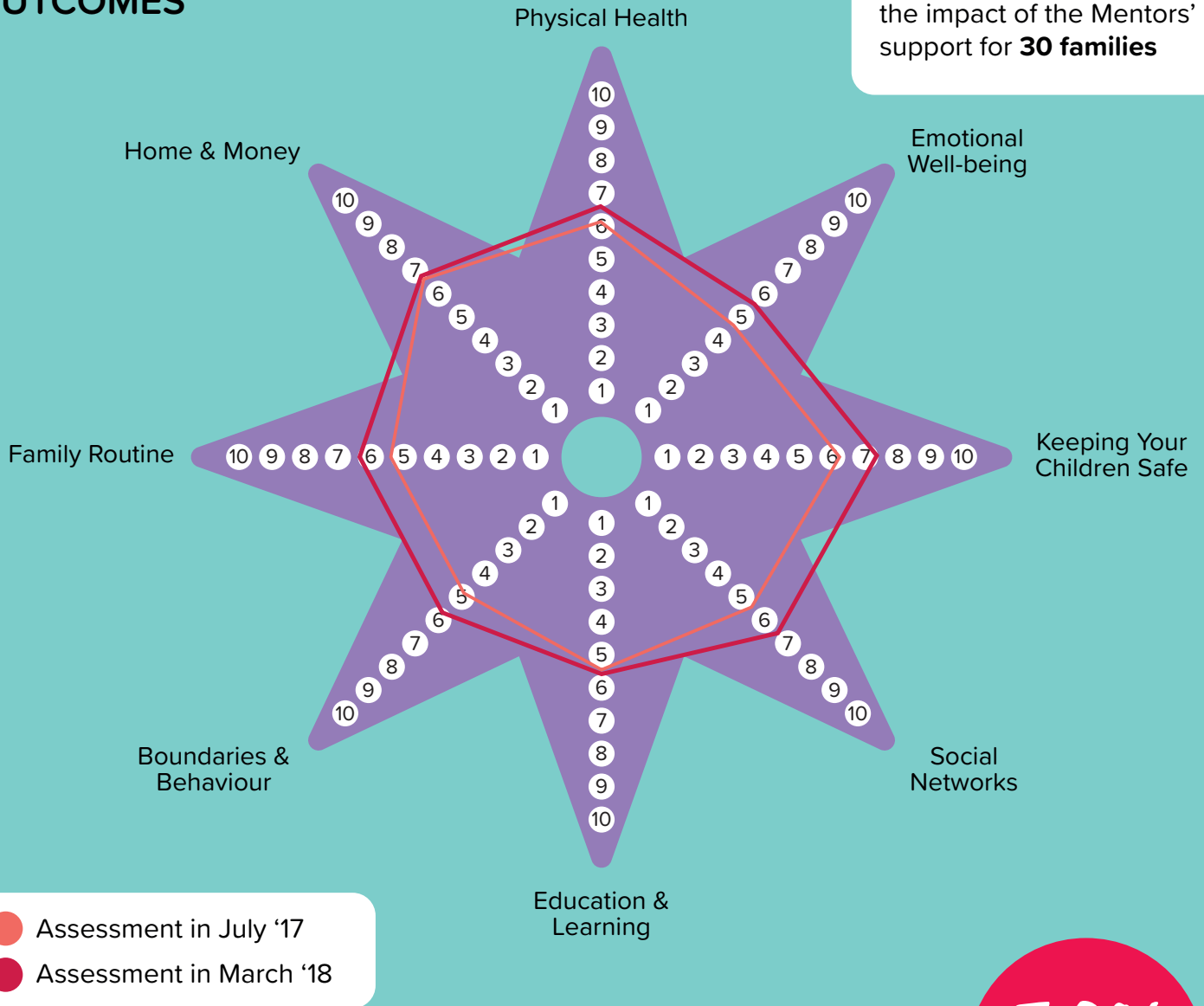
### PROGRESSION OUTCOMES

- Access Learning
- Active Trained Volunteers
- Improved Access to Education
- Peer Education
- Secured Employment
- Informal Volunteers



The Star demonstrates the impact of the Mentors' support for **30 families**

## OUTCOMES



**54%**  
improvement

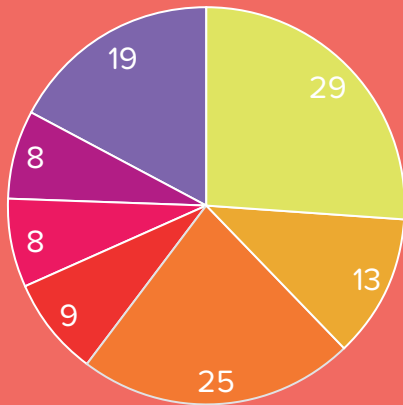
There has been a 54% improvement across the assessment. Families are making steady progress, working with the support of their mentor. Mentors work flexibly in response to the family:

Monday - Friday, 7am - 9pm  
Saturday, 9am - 4pm



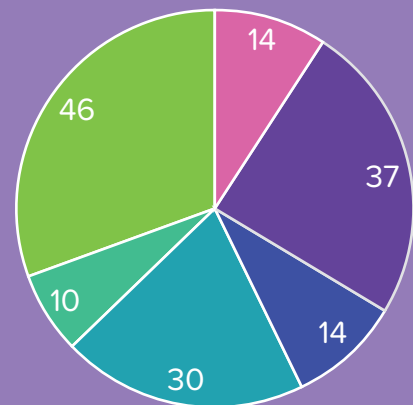
IMPACT & MITIGATING POVERTY

**FAMILY SUPPORT OUTCOMES**



- Family has Access to Support Services
- Improved Family Relationships
- Improved Social Networks
- Reduction in the Level of Risk or Harm
- Resolved Housing Issues
- Secured Appropriate Housing
- Using Community Facilities

**FAMILY CONNECTING OUTCOMES**



- Improved Mental Health
- Improved Parent Confidence/ Resilience/ Health
- Improved Parenting Skills
- Engaged Other Services
- Influencing Services
- Group Participation

**GOING FORWARD...**



**COMING SOON!**

[WWW.FIFEGINGERBREAD.ORG.UK](http://WWW.FIFEGINGERBREAD.ORG.UK)

OUTCOMES

The Gateway is a Fife Gingerbread initiative funded by Fife Council and steered by local partners. For more info, contact:

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